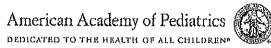
## Allergy and Anaphylaxis Emergency Plan



Child's name: Date	of plan:	
Date of birth:/AgeWeight:	kg Attach	
Child has allergy to	child's photo	
Child has asthma.		
For Severe Allergy and Anaphylaxis What to look for	Give epinephrine! What to do	
If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine.  • Shortness of breath, wheezing, or coughing  • Skin color is pale or has a bluish color  • Weak pulse  • Fainting or dizziness  • Tight or hoarse throat  • Trouble breathing or swallowing  • Swelling of lips or tongue that bother breathing  • Vomiting or diarrhea (if severe or combined with other symptoms)  • Many hives or redness over body  • Feeling of "doom," confusion, altered consciousness, or agitation	<ol> <li>Inject epinephrine right away! Note time when epinephrlne was given.</li> <li>Call 911.         <ul> <li>Ask for ambulance with epinephrine.</li> <li>Tell rescue squad when epinephrine was given.</li> </ul> </li> <li>Stay with child and:         <ul> <li>Call parents and child's doctor.</li> <li>Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.</li> <li>Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.</li> </ul> </li> <li>Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.</li> </ol>	
an extremely severe allergy to an insect sting or the following food(s):  . Even if child has MILD symptoms after a sting or eating these foods, give epinephrine.	Antihistamine     Inhaler/bronchodilator	
For Mild Allergic Reaction What to look for If child has had any mild symptoms, monitor child. Symptoms may include: • Itchy nose, sneezing, itchy mouth • A few hives • Mild stomach nausea or discomfort	Monitor child What to do Stay with child and:  • Watch child closely.  • Give antihistamine (if prescribed).  • Call parents and child's doctor.  • If more than 1 symptom or symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy and Anaphylaxis.")	
Medicines/Doses  Epinephrine, intramuscular (list type):		
Antihistamine, by mouth (type and dose):	☐ 0.15 mg (13 kg to less than 25 kg)☐ 0.30 mg (25 kg or more)  (*Use 0.15 mg, if 0.10 mg is not available)	
Other (for example, inhaler/bronchodilator if child has asthma):		
Parent/Guardian Authorization Signature Date F	Physician/HCP Authorization Signature Date	

## Allergy and Anaphylaxis Emergency Plan



Child's name:	
Additional Instructions:	
Contacts	
Call 911 / Rescue squad:	
Doctor:	Phone:
Parent/Guardian:	Phone:
Parent/Guardian:	Phone:
Other Emergency Contacts	
Name/Relationship:	Phone:
Name/Relationship:	Phone:

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